

**Peer Mentor Training Pilot
for People with I/DD
*Applications Now Available***



The North Carolina Council on Developmental Disabilities (NCCDD) is looking for 15 people to join a pilot project. The focus of the project is Peer Mentor training. The audience is people with developmental disabilities. The pilot class will serve as a focus group. It will evaluate the training curriculum. The class will review any employment outcomes that come out of training.

Trainees will learn key concepts to support peers with I/DD. All classes include learning activities. You can do them as a group or on your own. We will also check for understanding of material. Everyone will complete a pre and post evaluation. This allows you to give feedback. We will use it to improve the overall curriculum.

Topics include:

- The role of the peer mentor
- Ethics= **Knowing right from wrong**

- Etiquette-Manners
- **Self-determination**
- **Self-advocacy**
- The ADA
- Supporting choices
- Abuse, bullying & neglect
- Mental health and Drug abuse
- Detecting scams and fraud

The pilot will start in May 2021. Class is held weekly. All sessions will be held via Zoom. This will keep us all safe and healthy.

People will get a stipend of \$300 to participate in the pilot. Everyone will complete a pre-and post-training evaluation. After completing the class and achieving a score of 85% proficiency (get most of the questions right) you will receive a certificate of course completion.

To apply for the Peer Mentor training pilot, visit:

IDDPeerMentor.com

If you have any questions, please contact Project Director, Kelly Friedlander, at Kelly@cb-cg.com

FAQs:

What are the selection requirements for the pilot group?

Pilot group participants must be 18 or older.

Have intellectual/developmental disability.

Live in North Carolina.

Can perform the following, with or without support:

1. Strong Knowledge and awareness on the developmental disability community.
2. Awareness of community resources for people with developmental disabilities.
3. Strong communication skills
4. Basic reading/writing skills.
5. Support with looking over materials ahead of time.
6. Support to take and keep notes
7. Time management skills. (Budget time, use To Do Lists to get stuff done.)
8. Experience with and the ability to use technology, including Zoom, Microsoft Word, and email
9. A minimum of a high school diploma or equivalency from an approved, accredited institution
10. Able to attend all trainings

When are the training sessions?

The training sessions will be held weekly on Tuesdays from 11-1 pm on the following dates:

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|------------------------|-------------------------|
| 1. May 11th, 11 - 1 pm | 5. June 8th, 11 - 1 pm |
| 2. May 18th, 11 - 1 pm | 6. June 15th, 11 - 1 pm |
| 3. May 25th, 11 - 1 pm | 7. June 22nd, 11- 1 pm |
| 4. June 1st, 11 - 1 pm | 8. June 29th, 11 - 1 pm |

I meet the requirements and can make all training sessions.

Am I automatically in the pilot group if I fill out an application?

No. Potential participants will be contacted for an interview. Once you have completed and sent in the application. People interviewed will be told if they were chosen. Everyone will know within two weeks if they got chosen.

Is this a job? How will I get paid?

This is not a job. It is a time-limited, independent contractor opportunity. Those selected will receive a contract. You will review and sign it. It will outline pilot group participation expectations. Details on how you get paid are in the contract too. The stipend is \$300.

Does this training certify the participant to work as North Carolina Certified Peer Support Specialist?

No. The NC Certified Peer Support Specialist program is a separate program. It is to certify people living in recovery. It is for people with mental illness and / or drug abuse disorder. Anyone who provides support to others who can benefit from lived experiences.

Were peers included in creation of the curriculum?

Yes. The curriculum has been adapted. We used the In Reach peer advocates leadership training curriculum. It was written by Patricia K. Keul. We did it in collaboration with a group of peer mentors with I/DD. The input and ideas from self-advocates remain at the center.

This opportunity is supported through funding from NCCDD and Optum. Along with support and leadership from the National Association of Councils on Developmental Disabilities, Community Bridges Consulting Group and Alliance Health.

